

Warsaw University  
of Technology



# HEALTH INSURANCE OFFERED BY THE POLISH NATIONAL HEALTH FUND (NFZ)



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International Students Office





# HEALTH INSURANCE OFFERED BY NFZ:

- voluntary medical insurance;
- public;
- ensures the same access to public healthcare services in Poland as in the case of Polish citizens.





## WHO CAN BE COVERED?

- non-EU students;
- students having the Pole's Card;
- EU students not covered by the medical insurance in their countries of residence.



## EU students covered by the medical insurance in their countries of residence:

- public health services in Poland free of charge if they have a valid **European Health Insurance Card**.



## THE MONTHLY COST OF THE INSURANCE OFFERED BY NFZ:

- PLN 55.80 (EUR 12) for non-EU students;
- free of charge for students having the Pole's Card.



## **REQUIRED DOCUMENTS (original + copy):**

### **non-EU citizens:**

- a valid passport;
- a valid visa or residence permit;
- a document from the Faculty confirming your student status (please ask your Dean's Office for this document);
- a document confirming residence in Poland (e.g. certificate from a dorm, rental agreement);
- 2 application forms for the insurance of the Polish National Health Fund;

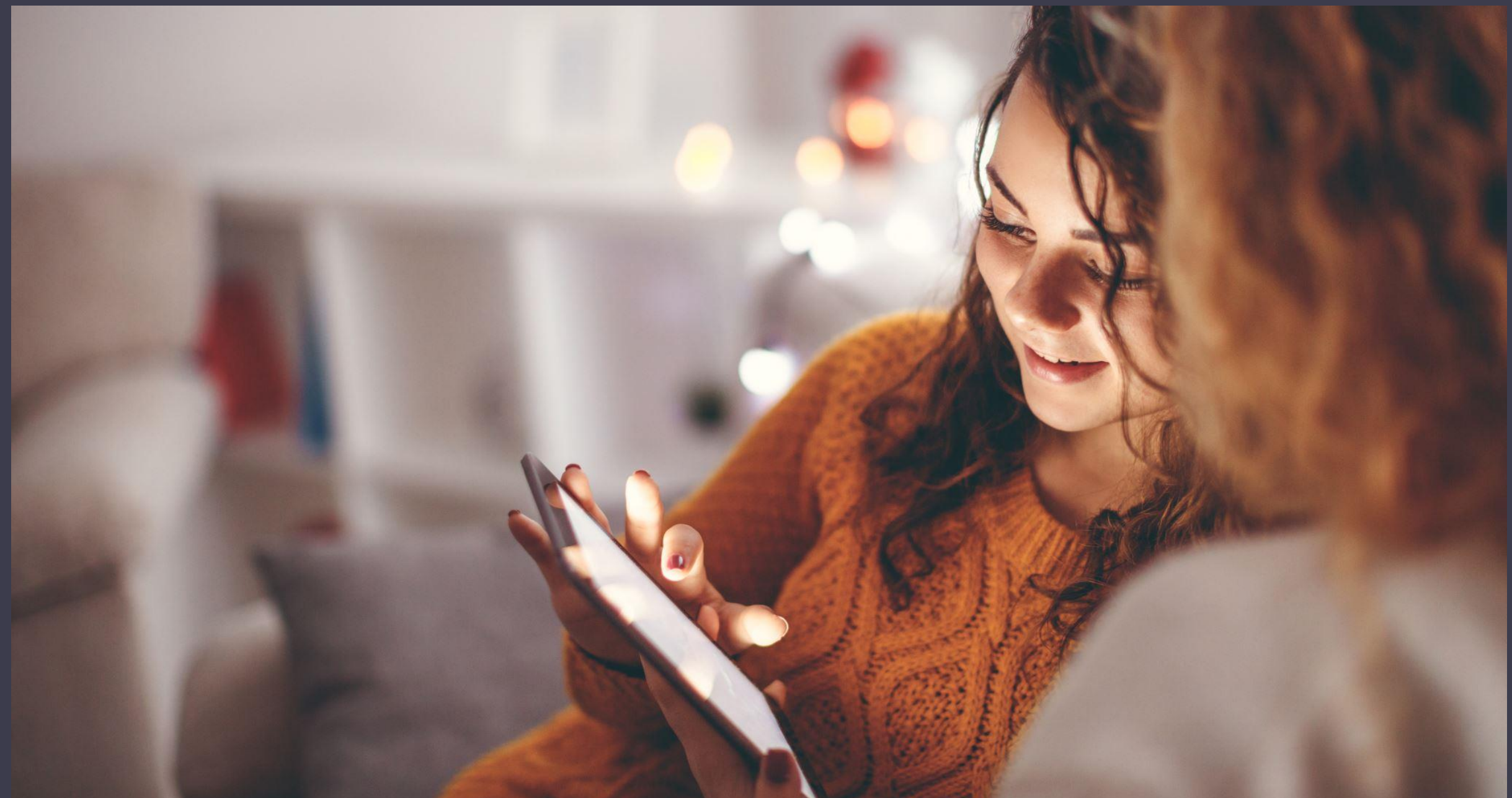
### **+ students having Polish origin:**

- a valid Pole's card or the Decision of the Consul of the Republic of Poland on the Polish origin.



## If you are under 18...

- the consent of your parent for concluding the agreement with the Polish National Health Fund + the copy of the first page of your parent's passport.



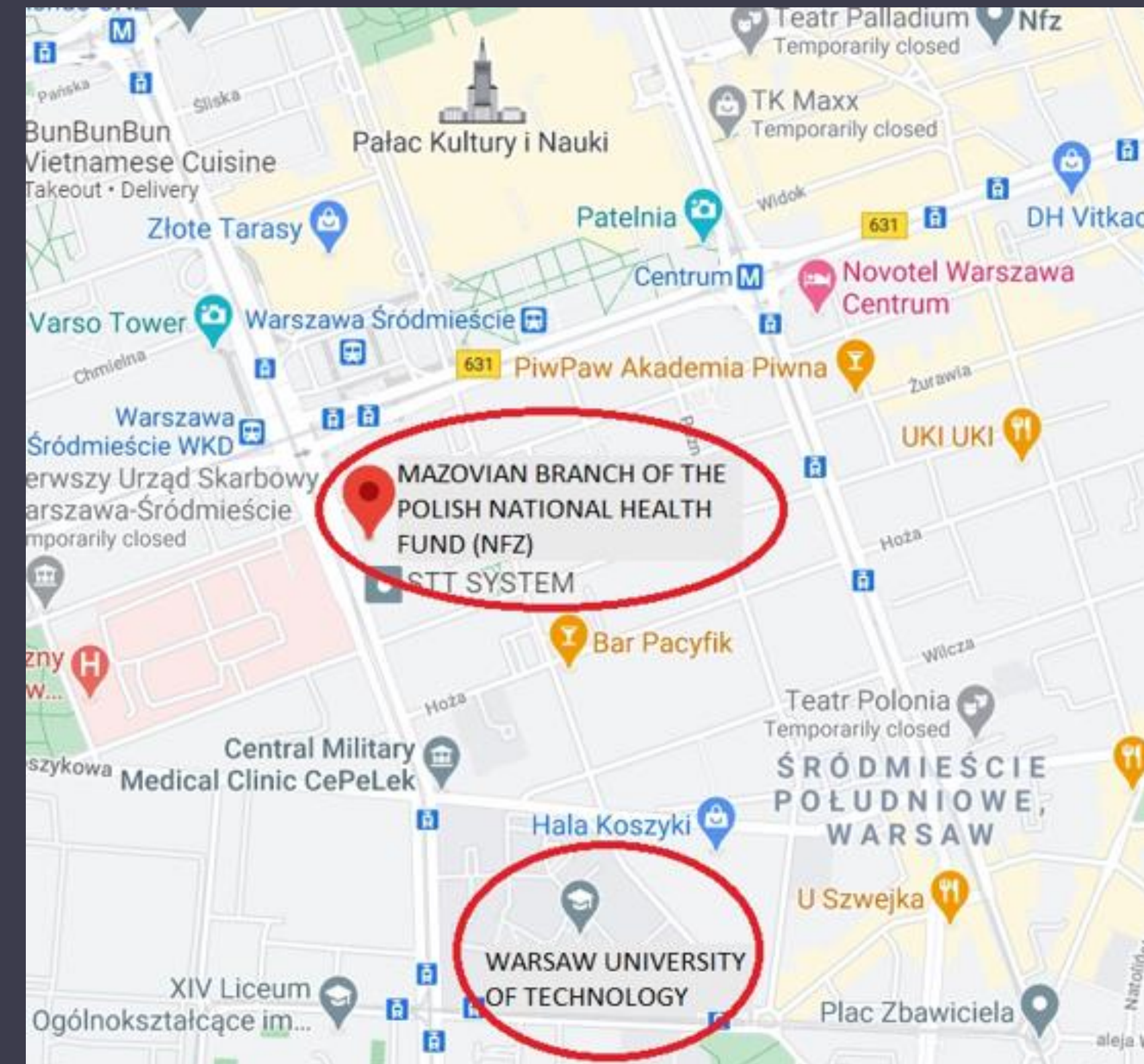


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# SIGNING THE AGREEMENT WITH NFZ

POLISH NATIONAL HEALTH FUND  
8 Chałubińskiego Street, Warsaw





## After signing the agreement with NFZ...

### NON-EU CITIZENS:

- fill in the ZUS ZZA form;
- submit the form to the branch of the Polish Social Insurance Institution (ZUS) within 7 days.

### STUDENTS WITH THE POLE'S CARD:

- contact your Dean's Office in order to submit a copy of the agreement signed with NFZ and a copy of your Pole's Card within 7 days.

PLATNIK WYPEŁNIA POLA W WYZNACZONYCH KRATKACH KOMPUTEROWO, NA MASZYNIE LUB RĘCZNIE  
DUŻYMI DRUKOWANYMI LITERAMI, CZARNYM LUB NIEBIESKIM KOLOREM.

ZAKŁAD UBEZPIECZEŃ SPOŁECZNYCH	ZUS	ZZA	strona: 1	ZGŁOSZENIE DO UBEZPIECZENIA ZDROWOTNEGO / ZGŁOSZENIE ZMIANY DANYCH
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**I. DANE ORGANIZACYJNE**

01. ZGŁOSZENIE DO UBEZPIECZENIA ZDROWOTNEGO (jeśli TAK, wpisać X)       02. ZGŁOSZENIE ZMIANY (wpisać - 1) / KOREKTY (wpisać - 2) DANYCH<sup>1)</sup>

03. Data nadania (dd / mm / rrrr)      04. Nalepka -R\*

**II. DANE IDENTYFIKACYJNE PŁATNIKA SKŁADEK**

01. Numer NIP (wpisać bez kresek)      02. Numer REGON

03. Numer PESEL<sup>2)</sup>      04. Rodzaj dokumentu: jeśli dowód osobisty, wpisać 1, jeśli paszport - 2      05. Seria i numer dokumentu

06. Nazwa skrócona

07. Nazwisko

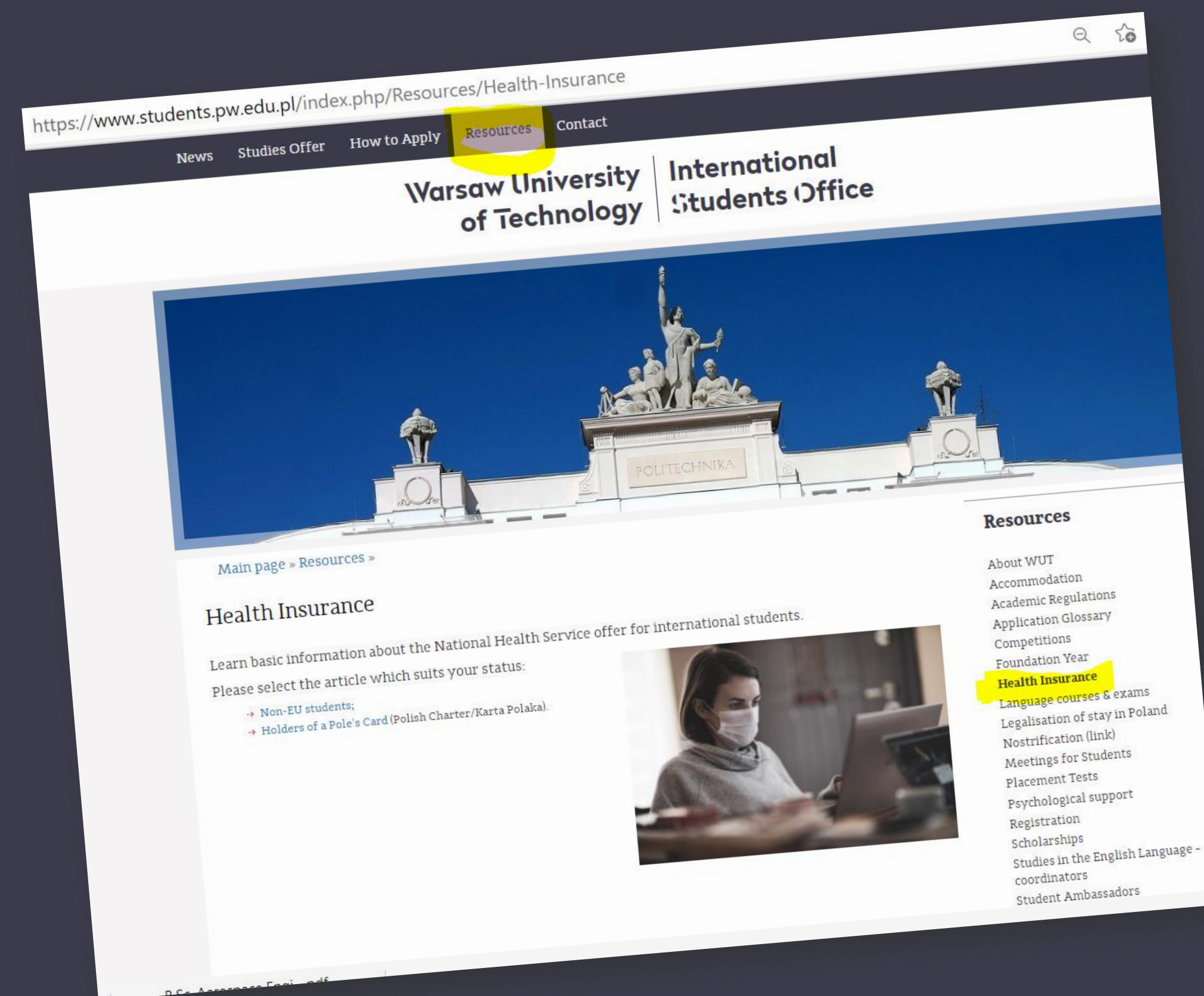
08. Imię pierwsze      09. Data urodzenia (dd / mm / rrrr)

II. DANE IDENTYFIKACYJNE PŁATNIKA SKŁADEK



## More details:

<https://www.students.pw.edu.pl/index.php/Resources/Health-Insurance>



The screenshot shows the website interface for the Warsaw University of Technology International Students Office. The URL in the browser is <https://www.students.pw.edu.pl/index.php/Resources/Health-Insurance>. The navigation menu includes News, Studies Offer, How to Apply, Resources (highlighted in yellow), and Contact. The main header features the university's name and the International Students Office logo. Below the header is a large image of the university's main building with the word 'POLITECHNIKA' on the facade. The page content includes a breadcrumb trail 'Main page » Resources »', a section titled 'Health Insurance', and a sub-section 'Learn basic information about the National Health Service offer for international students.' Below this, there are two links: '→ Non-EU students;' and '→ Holders of a Pole's Card (Polish Charter/Karta Polaka)'. A small image of a person wearing a face mask is also visible. On the right side, there is a 'Resources' sidebar with a list of links, including 'Health Insurance' which is highlighted in yellow.

https://www.students.pw.edu.pl/index.php/Resources/Health-Insurance

News Studies Offer How to Apply **Resources** Contact

Warsaw University of Technology | International Students Office

Main page » Resources »

### Health Insurance

Learn basic information about the National Health Service offer for international students.

Please select the article which suits your status:

- Non-EU students;
- Holders of a Pole's Card (Polish Charter/Karta Polaka).

**Resources**

- About WUT
- Accommodation
- Academic Regulations
- Application Glossary
- Competitions
- Foundation Year
- Health Insurance**
- Language courses & exams
- Legalisation of stay in Poland
- Nostrification (link)
- Meetings for Students
- Placement Tests
- Psychological support
- Registration
- Scholarships
- Studies in the English Language - coordinators
- Student Ambassadors



## SUMMARY

- Is the NFZ insurance obligatory?

YES/NO

**NO**

- What is the Polish abbreviation of the National Health Fund?

NHF/NFZ/NHS

**NFZ**



# Temporary residence registration (in Polish: “meldunek”)

*Who has to register his/her temporary residence?*

**NON-EU CITIZENS** who are going to spend in Poland **over 30 DAYS.**

**EU CITIZENS** who are going to spend in Poland **over 90 DAYS.**

*Where can I register my temporary residence?*

In one of the District Offices of the City of Warsaw.





***When do I have to register my temporary residence?***

**NON-EU CITIZENS** – within **4 days** of their arrival

**EU CITIZENS** – within **30** days of their arrival

***Do I have to make an appointment?***

Yes, you can write an e-mail or call the Office.

***What's the cost of registering my residence?***

The service is free of charge. You will pay PLN 17 only if you need the certificate of residence.



# What documents are required?

- passport or national ID card (EU citizens);
- visa (non-EU citizens);
- rental agreement or the confirmation of accommodation in a WUT dormitory;
- temporary residence form.

WZÓR

EL/Z

zasowego / Temporary residence registration form

kach / Instruction for completion in 3 steps

1. WYPEŁNIAJ WIELKIMI LITERAMI / FILL IN CAPITAL LETTERS
2. Pola wyboru zaznaczaj / Mark selection boxes with  lub / or
3. Wypełniaj kolorem czarnym lub niebieskim / Complete in black or blue

której dotyczy zgłoszenie / Details of the person to whom the application relates

Nazwisko  
Surname

Imię (imiona)  
Name (names)

PESEL (o ile został nadany)  
PESEL number (if it was issued)

Kraj urodzenia  
Country of birth

Wypełnij, jeśli nie masz numeru PESEL : / Complete, if you do not have a PESEL number :

Data urodzenia  
Date of birth



\*The registration of your address of residence (in Polish: meldunek) in the District Office of the City of Warsaw  $\neq$  the procedure of applying for a temporary residence permit in the Mazovian Voivodeship Office.





# PESEL number

If you register your residence in the District Office of the City of Warsaw, you will be automatically assigned a **PESEL number**.

## What is a PESEL number?

A number in the Universal Electronic System for Registration of the Population.





# What is a PESEL number for?

- checking if you are covered by the health insurance of the Polish National Health Fund, e.g. if you need to go to public hospital or a medical centre;
- enables a doctor to give you an e-prescription or e-referral during the online consultation.



# More information:

[Temporary residence registration / Resources / Main page - WUT](#)

[International Students Office \(pw.edu.pl\)](#)





# SUMMARY

Where can I register my residence?

District Office of the City of Warsaw / Foreigner's Office

District Office of the City of Warsaw

Do I have to register my residence if I'm from the EU?

YES/NO

Yes, if you are going to spend in Poland more than 90 days.





# WORKING IN POLAND





# ***DO I NEED A WORK PERMIT?***

**I'm a Foundation Year course participant**

**YES**  
**work permit required**

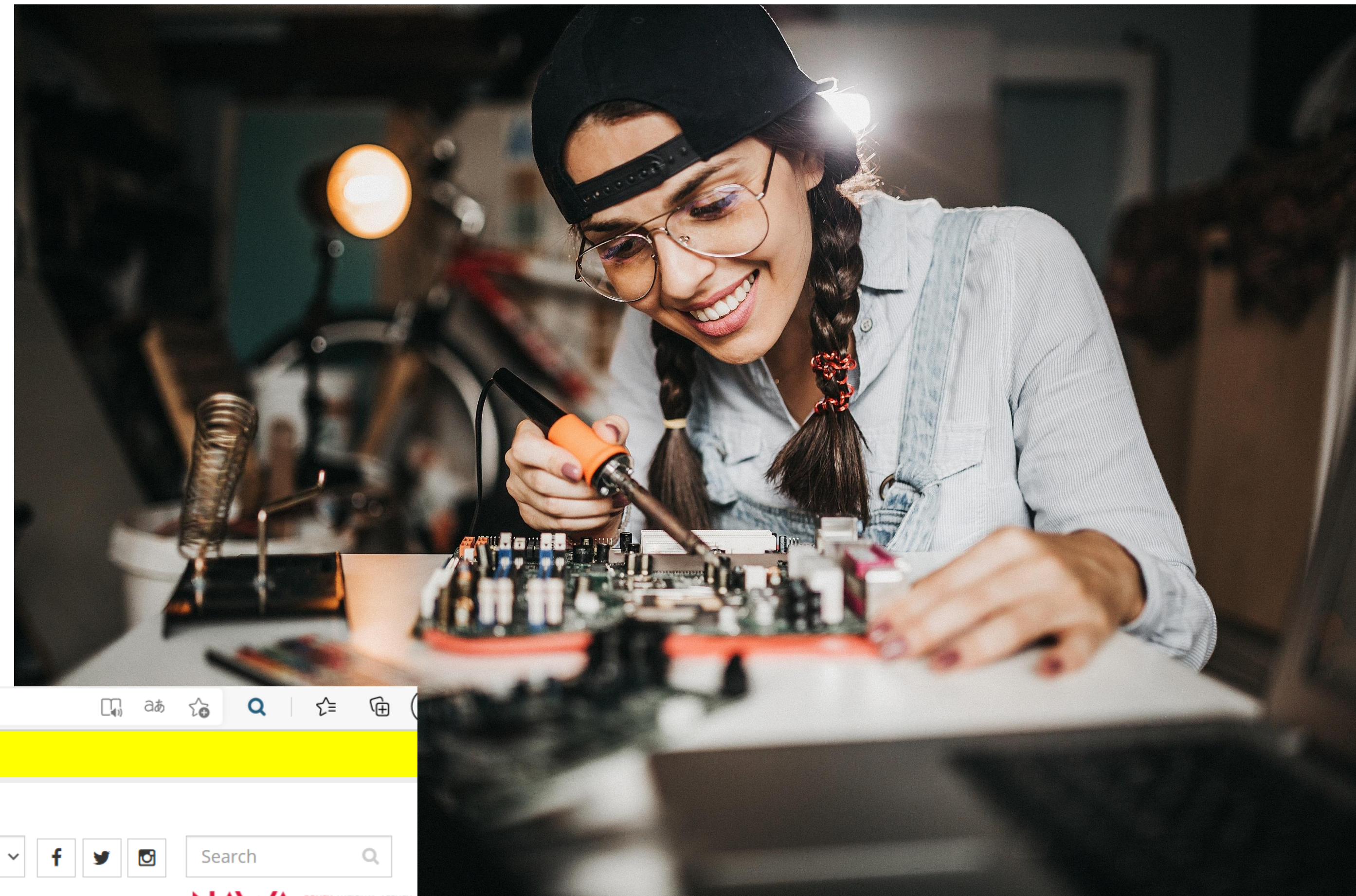
**I'm a full-time STUDENT having a student visa**

**NO**  
**work permit NOT required**







# Useful information:


<https://study.gov.pl/work-and-internships>



🏠 <https://study.gov.pl/work-and-internships> 📄 🗂️ 🔍 ⌵ 🌐

COVID-19: 24/7 hotline 800 190 590. [click to read more information](#)

 English ⌵    Search 🔍

 POLISH NATIONAL AGENCY FOR ACADEMIC EXCHANGE

[COVID-19 IMPORTANT INFORMATION](#) [ARTICLES](#) [POLAND](#) [PLAN YOUR STUDIES](#) **[MOVING TO POLAND](#)** [STUDENTS' STORIES](#)

## Work and Internships

**Warsaw University  
of Technology**





*Thank you!*

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